

LoLi

Sip. Share. Connect.

Epoch Espresso

Eh! Canadiano	\$ 4
Rich espresso mellowed with hot water for a smooth, bold cup.	
Cappuccino	\$ 5
Equal parts espresso, milk, and froth for a light, airy balance.	
Double Espresso	\$ 3.5
Straight-up, bold, and smooth — the foundation of it all.	
Latte	\$ 5.5
Silky steamed milk blended with espresso, comfort in a cup.	
Latte of the Moment	Seasonal
Cosmo energy, LoLi flair. Vibrant, chic, and forever.	
Macchiato	\$ 4
A strong shot “stained” with a little froth — bold yet delicate.	
Flat White	\$ 5
Espresso with velvety microfoam — silky & balanced.	
Mocha	\$ 6.5
Espresso, cocoa, and milk together in a sweet, cozy hug.	

Tea Love

London Fog Latte	\$ 5.5
Earl Grey, vanilla, and frothy milk — smooth and comforting.	
Masala Chai Latte	\$ 5.5
Black tea with spices — bold, warming, and full of comfort.	
Golden Milk Latte	\$ 5.5
Turmeric and warm spices steamed with milk — cozy and glowing.	
Blue Moon Latte	\$ 5.5
Butterfly pea flower blend — dreamy blue, calming, and sweet.	
Matcha	\$ 5.5
Ceremonial green tea latte — earthy, vivid, and uplifting.	
Brewed Tea (Ask Server for our options)	\$ 3
A selection of premium pyramid teas from Lemon Lily.	

Cozy Cup

Hot Chocolate	\$ 5
Rich, creamy, and oh-so classic — the ultimate cozy cup.	
White Hot Chocolate	\$ 5
Sweet, velvety white chocolate melted into creamy bliss.	
Vanilla Steamed Milk	\$ 4.5
A selection of premium pyramid teas from Lemon Lily.	
Lemon Bomb	\$ 4.5
Honey, lemon, and mint or chamomile — warm, zesty comfort.	

Add a twist. Syrups & Flavors
\$0.80 Vanilla, Caramel, Maple, Cinnamon Dolce,
Lavender Fall/Winter Flavours
Oat or Almond milk available \$1.

Cocktails

Figo Fuego \$16

Smooth Signal Hill whisky kissed with figs & sherry, balanced with bright lemon, a little sweet, a little fiery.

Nana's Kitchen \$16

Warm & Cozy like dessert at grandma's - brandy, coffee liqueur, chai orgeat, egg white fluff & cinnamon.

Rumbutter \$16

A velvety swirl of aged rum, amaro, sweet vermouth. Dark, buttery, and oh-so sippable.

Le Pommier \$16

Autumn in a glass - rum, Calvados, crisp apple juice, lemon & rich demerara syrup.

Queenie \$16

Empress Gin, Fever Tree tonic & elderflower — elegant, floral, and royally refreshing. Named in honor of Ethel Queenie.

Epoch Martini \$16

Our iconic LoLi cocktail — rich Epoch espresso, perfectly shaken, smooth and unforgettable.

The Bradshaw \$16

Cosmo energy, LoLi flair. Vibrant, chic, and forever fabulous — just like our girl Carrie.

Mocktails

Roselle \$9

Bright cranberry, citrus, a touch of grenadine & egg white foam — floral, fresh, and perfectly balanced.

Mocha Blossom \$9

Orange and mocha meet cream, grenadine & lemon for a soft, dessert-like sip that blooms with every taste.

Pomme Fresh \$9

Apple, lychee & lemon over cinnamon dolce and green tea — crisp, refreshing, and a little unexpected.

Your Mood. Our Mix.

Beyond our signatures, we craft
all the classics and play with seasonal in-house
flavours. Share what you're in the mood for and
our bartenders will create a one-of-a-kind,
perfectly balanced drink just for you.

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Wine

Sparkling

	Glass	Bottle
Folonari Prosecco, Italy	\$14	\$60
Fresh, Lively, with delicate bubbles.		
Moet & Chandon Imperial Brut, France	N/A	\$174
Classic Champagne, elegant & timeless.		
Nova 7, Canada, NS	\$20/can	N/A
Local sparkling favourite, floral & vibrant.		

White

Les Jamelles Sauvignon Blanc, France	\$12	\$52
Crisp, citrus, refreshing finish.		
La Mascota Chardonnay, Argentina	\$13	\$58
Buttery & Smooth with notes of oak.		
Benjamin Bridge Riesling, Canada, NS	N/A	\$68
Nova Scotia gem, bright acidity, subtle sweetness.		
The Wild Olive Chenin Blanc, South Africa	\$13	\$50
Stone Fruit, light minerality, South African elegance.		

Rose

Cote des Rose, France	\$14	\$62
Fresh, Delicate, beautifully bottled.		

Red

Trapiche Cabernet Sauvignon, Argentina	\$12	\$46
Classic cab, dark fruit & smooth finish.		
Bouchard Aine & Fils Pinot Noir, France	\$12	\$52
Silky, light bodied, French sophistication.		
Don David Malbec, Argentina	\$13	\$54
Rich, full bodied, Argentinian warmth.		
Umberto Cesari Liano, Italy	N/A	\$80
Italian powerhouse, layered & bold.		

We also pour local beers & ciders from Tire Shack,
Cavok, Pump House, Tide & Boar, Belliveau
Orchard, Burnside & 13 Barrels — ask your server
for today's selection.

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Break-Fast

Easy, cozy, and made for slow mornings or grab-and-go starts.

Breakfast Sammie \$7.5

Flaky croissant, cheesy egg blend, sprouts and a swipe of our signature tomato jam and mayo. Gooey, crispy, and addictive.

Avocado Toast \$14

Creamy avocado with aioli, tomato, sprouts, cumin, and crispy chickpeas. Fresh flavors that keep you craving the next bite.

Smoked Salmon Toast \$17

A brunch favorite — silky salmon with fresh toppings on golden sourdough. Light, savory, and satisfying.

Toast of the Moment \$14

Always changing, always creative. Ask your server about today's chef-inspired toast.

Yogurt Bowl \$14

Creamy vanilla Greek yogurt topped with seasonal fruit, superfood crunch, and a drizzle of maple. Fresh, nourishing, and picture-perfect.

Waffle Board \$23

House-made waffles with seasonal fruit, maple syrup, mocha drizzle, and whipped cream. Sweet, sharable, and oh-so photogenic.

[Ask About our Add-on's](#)

Baked Goodies

Fresh from local bakeries — a rotating mix of sweet bites made just for LoLi. Always changing, always delicious.

————— \$5 Each —————

Cruffin A croissant baked in a muffin tin — flaky, buttery, and perfect for on the go.

Berry Scone Golden, flaky, and bursting with berries.

Chocolatine Buttery pastry with rich chocolate layers.

Molasses Cookie Oversized, soft, and warmly spiced. Served warm.

Chocolate Chip Cookie Chewy, gooey, and buttery & will melt in your mouth.

GF Shortbread Cookie Crisp and buttery shortbread, half-dipped in chocolate.

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Flatbreads

Perfect for a mid-day bite, a healthy recharge, or something sharable with friends.

The LoLi Flatbread \$25

Our house icon. Sweet fig jam with roasted chicken, crispy prosciutto, melted cheese, and a kiss of green onion. Sweet, salty, and unforgettable.

Mushroom Flatbread \$23

Earthy house-made sherry mushrooms layered with garlic confit, melty cheese, and a drizzle of garlic oil. Rich, aromatic, and crave-worthy.

Flatbread of the Moment \$25

Our chef's seasonal creation, inspired by what's fresh and flavorful right now. This feature changes with the seasons — always crafted with local produce, bold flavors, and LoLi flair for the season.

Paninis & Quesadillas

Savory, satisfying, and just the right size perfect for a cozy midday bite or something delicious to share.

Classic Grilled Cheese \$10

Crispy golden sourdough, melted cheese, and candied prosciutto — our elevated take on the classic comfort sandwich.

Spinach & Ricotta Panini \$13.5

Creamy ricotta, Parmigiano, sautéed spinach, tomatoes, and a hint of cranberry sweetness, pressed on sourdough.

Pear & Brie Quesadilla \$14.5

Sweet pear and creamy brie with a drizzle of honey and pear jam. A daringly delicious twist.

Mushroom Quesadilla 16.5\$

Sherry mushrooms, gouda, herbs, garlic-parsley sauce, and balsamic drizzle. Earthy and indulgent.

Bowls

From nourishing and balanced to light and shareable bowls made for every kind of craving.

The Core Bowl \$23



Balanced and nourishing with quinoa, greens, avocado, roasted chicken, feta, chickpeas, red cabbage, almonds, and house vinaigrette. Inspired by Andrea & Jasmine of Pilates Corner! Balance means fueling your body and enjoying the cheesecake too.

Chips & Dip of the Moment \$10

A LoLi moment — our house-made dip changes with the season. Always fun, always sharable.

[Ask About our Protein Add on's/Removals.](#)

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Salads

Fresh, flavorful, and made to keep your day feeling light & bright.

LoLi Beet Salad \$17

A LoLi classic — sweet, earthy roasted beets over crisp greens with a bright vinaigrette. Colorful, refreshing, and unforgettable.

Garden Salad \$15

Our take on a timeless classic. Crisp greens with fresh carrot, light vinaigrette, and a clean, refreshing flavor that never goes out of style.

Salad of the Moment \$18

Our chef's seasonal creation, inspired by what's fresh and flavorful. This feature changes with the seasons — always crafted with local produce, bold flavors, and LoLi flair.

Ask About our Protein Add on's.

LoLi Lunch Special

Because lunch should never be boring.

\$16

½ Flatbread or Grilled
Cheese & ½ Salad

Pick your Lunch Pairing

Carbs

Mushroom Flatbread
The LoLi Flatbread
Flatbread of the Moment
Classic Grilled Cheese

Greens

Roasted Beet Salad
Garden Salad
Salad of the Moment

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Share Boards

Perfect for sharing, pairing, and lingering a little longer.

Charcuterie \$29

Brie, gourmet cheeses, prosciutto, salami rose, apricots, cranberries, cashews, olives, crackers, seasonal fruit.

Waffle Board \$23

House-made waffles with seasonal fruit, maple syrup, mocha drizzle, and whipped cream. Sweet, sharable, and oh-so photogenic.

Mushroom Flatbread \$23

Sherry mushrooms layered with melted cheese, garlic confit, green onion and a drizzle garlic oil. Rich, earthy, and perfect for sharing over cocktails.

Treats

Sweet little indulgences to make every evening feel complete.

Cake of the Moment \$8

Seasonally crafted by Carefree Cakery, our local cake partner who keeps every slice as sweet and unforgettable as the moments shared at LoLi.

Key lime Cheesecake \$8

Our exclusive spin from Carefree Cakery, crafted only for LoLi. Tangy, creamy, unforgettable.

Chocolate (or) Vanilla Cheesecake \$8

Rich chocolate (or) classic vanilla base with a rotating seasonal topper from Carefree Cakery. Decadent with a playful twist.

Snacks

Perfect sidekick for wine, cocktails, or a little late-night laughter.

Honey Roasted Nuts \$8

Peanut Butter Pretzel bites \$5

Merry Poppins Popcorn \$2

Pickled Mix \$6

Bread & Flavored Butter \$8

Flavored Baguette Appetizer \$9

Ask your LoLi server about the flavors
of the season.

LoLi News

Sip. Share. Connect.

Our Events

Where Vibes meet Community.

Wednesdays (7-10) Trivia with Monica McGraw

Our mid-week ritual. Monica brings the laughs, the challenge, and the vibes. This night books out fast — reservations are a must if you want in on the fun.

Thursdays (7-10) Jazz with Serge Gallant

Smooth, soulful, and iconic in our community Serge fills LoLi with timeless energy. Perfect with a charcuterie board and a glass of wine in hand.

Saturday (7-10) Soulful Spins with DJ Amine

Chill beats, dim lights, and good company. Our DJ spins chill & lounge vibes for the weekend we all deserve.. Come sip, connect, and stay a while.

Classic Happy Hour

Because being classy never goes out of style.

\$9 Cockatils

Join us Wed–Sat 4–7 for Classic Happy Hour —
\$9 classics with proper 2 oz pours. Come sip,
share, and stay a while.

Your Event. Our Vibe.

Turning moments into memories, one party at a time!

“We’ll bring the vibe, you bring the people.”

From weddings to birthdays, staff parties to private receptions, we’d love to celebrate you.
Our space transforms into your space,
making every event unforgettable.

Events@lolicalounge.com | 40 people + up min
We do not ask you to pay for the space we ask you to commit to a Min spend.